# Health and Wellbeing Scrutiny Commission

## Public Health Performance Report 2017/18 - Quarter 2

Date: January 2018

Lead Director: Ruth Tennant



## **Useful information**

■ Ward(s) affected: All

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Report version: 1

### 1. Summary

- This report brings together information on key dimensions of Public Health performance in the second guarter of 2017/18.
- This is the third performance report in the current format which was introduced in March 2017.
  Changes have been made to the format in light of previous feedback. The ultimate aim is to
  provide a holistic view of the Divisions performance and it is anticipated that the format will
  continue to be refined as we further develop appropriate outcome measures.
- The report demonstrates that performance management processes are in place and working within the division, that services are generally performing well and where concerns have been identified these are being managed.

The scrutiny commission is requested to note the areas of positive achievement and areas for improvement

### 2. Background

In 2013 Leicester City Council assumed new responsibilities to improve the health of the local population. The aim of this performance report is to reflect the overall performance of the division of Public Health and provide evidence that the statutory duties of the Director of Public Health are being fulfilled.

In assessing how well the division is performing there are a number of parameters that may be considered

- Performance of commissioned and directly provided services including safety, quality and effectiveness
- Performance of the local public health system as measured against the Public Health Outcomes
   Framework including surveillance of changes and trends
- Performance in delivering the Public Health Strategic Priorities for 2017/18 as set out in the Divisional Business Plan

This paper considers the first two of these parameters and sets out future plans for reporting on the third.

### 3. The performance management process

The majority of public health services are commissioned from external providers. A significant proportion of these services are mandated and are clinical services delivered by NHS providers. The services are commissioned by Public Health leads. Adult Social Care contract and Performance team (CaAS) are commissioned by public health to provide first line performance management of commissioned services including, collection of service data, holding review meetings and provision of initial comments on performance.

The performance reports are considered on a quarterly basis by the Public Health Performance Review Group and follow up actions with providers to ensure improvement are agreed.

### 4. Public Health Services

The role of public health is to improve the health and wellbeing of the population. This includes promoting healthy lifestyles e.g. increasing physical activity and supporting people to stop smoking, protecting the population's health e.g. preventing infectious diseases through immunisations, working with internal and external partners to address the wider determinants of health such as education, housing, and deprivation and by providing expert advice on the effectiveness and cost effectiveness of health programmes and services.

We do this by commissioning specific services and through influencing partners.

The Performance review process looks specifically at the services we either commission from external providers or we provide directly.

We currently have 25 such services and each of these are monitored against an agreed set of indicators. Services performing at or above expectations are rated Green we currently have 13 services rated green,

12 are Amber (where there are some concerns/issues to be addressed) and one service is rag rated as Red (serious issues to be addressed, immediate action required).

A summary is provided below and the full report is available at appendix 1.

Services progressing satisfactorily

Table 1 services ra	ted Green		
Contract	Provider	What the service does	Outputs
Healthy Child Programme	Leicestershire Partnership Trust	This service is offered to every family with children and young people under 19 in Leicester and includes antenatal support of pregnant women new baby development checks breast feeding support health visiting and school nursing	96% of babies received their new baby review at 10-14 days this is above target and a consistently improving picture
healthy eating initiatives in early year's settings and in schools	Soil association	Support to help schools develop a whole school approach to food health and sustainability	71 schools across the city signed up to the initiative
Oral health promotion	LCC	To co-ordinate activity to improve oral health,	1/5 primary schools; ¾ of nurseries and ¼ special schools are participating in the supervised tooth brushing initiative
emergency hormonal contraception (EHC) consultations in pharmacies	Pharmacies across the city	Advice and support including where appropriate provision of the morning after pill over the counter	In quarter 2 521 prescriptions for EHC were filled
Health trainers probation	Inclusion Healthcare	Access to lifestyle support services for people on probation	In quarter 2, 72 people started on a personalised plan to improve their health 91% successfully completed the programme
active lifestyle hub	LCC Sports Services	Individuals with complex co-morbidities referred by their GP or other health care	In quarter 2 there were over 900 referrals to the service

		professional for support to develop healthy lifestyles	
Adult weight management programme	Leicestershire Partnership Trust (LPT)	Weight management programme targeted at individuals with complex co-morbidities and other groups who are under represented on commercial weight management programmes.	There has been some drop in the proportion of participants completing at least 60% of sessions and we are working with the provider to remedy this
Stop smoking service	LCC STOP Service	support for people in Leicester City to stop smoking	In quarter 2 344 people were helped to quit smoking (51% of those referred).  This service is recognised nationally as high performing and innovative
NHS health checks	GP's	National programme to identify people at risk of developing cardiovascular problems and provide appropriate interventions to reduce that risk	Over the past 5 years (2013/14 - 2017/18), Leicester City has undertaken over 55K Health Checks, making it one of the highest performing areas in the Country.
Substance misuse accommodation based support	Home Group	Specialist service providing accommodation based support and treatment to reduce substance misuse	Q2 data not submitted this is being rectified with provider
Substance misuse anchor centre	Inclusion Health Care	Specialist services for entrenched drinkers including street drinkers	The proportion of active street drinkers engaged with the service who no longer drink in the street continues to improve
suicide awareness programme	Leicestershire Rural Communities Council	To raise awareness of suicide through specialist training programmes	Service remains on target
community infection prevention and control		To provide the DPH with assurance that community infection	The number of high risks reported in Q2

services	prevention and control principles are being applied within the local community providers	has increased by 50% compared to the same period last year. The proportion of risks responded to within 1 day remains at 100%
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### Services with some concerns

Eleven services are rated amber, where there are some concerns/issues to be addressed mainly due to some under-performance against expectations or targets or issues with data. These issues are taken up with providers at contract meetings to understand reasons for under-performance and reported in performance reports. Services currently rated amber are listed in Table 1 below. One service is rated red and this provider has been served 12 month notice to terminate contract.

Table 2: Services rag-rated Amber or Red			
Contract	Provider	Purpose	Issues taken up with providers
Training staff in Secondary Schools and FE colleges to deliver relationship and sex education (RSE)	Staffordshire and Stoke on Trent Partnership Trust (SSOTP)	To co-ordinate a programme of RSE teaching and support	Training of teachers and other relevant staff is above target. The number of RSE sessions delivered is consistently just below target. The reasons for this are being explored by commissioners.
Integrated sexual health services	SSOTP	Providing open access services, including all forms of contraception and STI testing and treatment	For some elements of service offered the number of patients being seen is lower than expected. This is in part due to staff vacancies and the service are addressing this.
Provision in GP practices of long-active reversible contraception	Commissioned GP practices	Fitting of contraceptive devices (coils and Implants) in GP practices	The number of devices being fitted in GP practices fluctuates. We want to preserve this option for women and are working to understand the reasons for the variation through the year.
Community based HIV prevention services HIV positive people	Leicestershire AIDS Support Service (LASS)	To improve sexual health outcomes for people who are HIV positive.	There have been some issues with the data submitted during the first 2 quarters of the year and we are working with the service provider to rectify this.
Community based HIV prevention services for: people of African heritage	LASS	To improve sexual health outcomes for people of who are HIV positive within the context of the wider health issues for this group	There are ongoing issues with the data submitted by the provider. We are working with the provider to rectify this.
Community based HIV	TRADE	To improve sexual health outcomes for people of	Data submitted shows high numbers for contacts and

prevention		who are HIV positive	referrals to other services
services for: men who have sex with men		within the context of the wider health issues for this group	which is being reviewed with the provider.
Community based HIV prevention services for: sex workers	SSOTP	To improve sexual health outcomes for people of who are HIV positive within the context of the wider health issues for this group	There are issues with data submission for this service. The service is doing well in contacting women in saunas and brothels, but has some issues visiting street based sex workers.
Community based Food growing support projects (2 Projects)	Saffron Acres Project <u>and</u> The Conservation Volunteers	To deliver training and support to stimulate and develop food growing to communities across Leicester	The programme is not meeting targets for the number of schools engaged and the number of people attending food growing sessions. In part this is due to some staff changes in the provider. Work ongoing to increase attendance and number of schools engaged in food growing skills programmes
Healthy Lifestyles Hub and Health Trainers	Parkwood	Service supports referred individuals to adopt healthier lifestyles by signposting them to appropriate services e.g. lose weight, increase activity etc. and by helping them to develop personal health plans	85% of referred individuals were signposted to appropriate services in quarter 2 this is lower than the same period last year. There appear to be some ongoing issues with GP's understanding of the referral software.
Substance Misuse Services	Turning Point	Treatment services for people with substance misuse problems	Data quality issues in migrating data from previous contractual arrangements. Successful completions of treatment have been significantly lower in year one of the contract but have improved within the year.
Substance Misuse Services	Woodlands Detox Unit (Notts Healthcare Trust)	Detox treatment for people with substance misuse problems	Consistent underutilisation of LCC allotted bed days. Provider has indicated everyone in need of an In Patient Detox has been referred, suggesting a lower level of need than anticipated. Provider served notice in May 2017 and Strategic commissioning will go out to tender for a new contract starting June 2018.

### 5. Public Health Outcomes Framework

The Division's internal performance management arrangement also considers the Public Health Outcomes Framework (PHOF). This a nationally collated set of data regarding health and wellbeing in England and, in our case, Leicester. The PHOF focuses on two high-level outcomes to be achieved across the public health system: 'Increased healthy life expectancy' and 'Reduced differences in life expectancy and healthy

life expectancy between communities'.

A supporting set of public health indicators in the PHOF are split over four domains:

**Improving the wider determinants of health** (35 indicators) This includes issues such as deprivation, school readiness, employment, homelessness, social isolation, domestic abuse, violent crime

**Health improvement** (71 indicators) this includes issues such as healthy weight in adults and children, smoking, low birth weight, breast feeding, drug treatment uptake of screening programmes physical activity self-reported wellbeing.

**Health protection** (27 indicators) this includes immunisation rates TB treatment HIV late diagnosis antibiotic prescribing in primary care

**Healthcare public health and preventing premature mortality** (15 indicators) this includes infant mortality tooth decay, mortality rates (CVD. Cancer, Respiratory disease, communicable disease suicide) excess winter deaths hip fractures preventable sight loss

The most recent PHOF outcomes report for Leicester is presented in Appendix 2.

It will be noted that the PHOF indicators cover areas that are not directly commissioned or provided by public health. LCC's public health specialists must therefore work with and across partner agencies in order to influence them to take appropriate action to address these wider determinants of heath. The PHOF has been used for example to identify the priorities in the Joint Strategic Needs Assessment and the Health and Wellbeing Strategy. Whilst the PHOF is kept under surveillance the indicators typically change slowly and updates are provided at different times during the year. As a consequence of this it is more meaningful to review the PHOF on an annual basis rather than quarterly.

The PHOF report compares Leicester to the England average and to other authorities within the East Midlands. It can be seen that although life expectancy in Leicester has been improving we are significantly worse than the England average in terms of both life expectancy and healthy life expectancy.

We have significantly higher rates of children living in low income families compared to England. We have significantly lower rates of people killed and seriously injured on our roads and hospital admissions for violence are low. We have high rates of low birth weight babies and significantly higher rates of breast feeding. Excess weight is significantly lower than the national average for 4-5 year olds but is significantly higher for 10-11 year olds. We have poor uptake of cancer screening services but uptake of NHS health checks (CVD risk) is significantly above the national average.

Childhood immunisation rates are generally good but uptake of HPV vaccine and flu vaccine is poorer than the England average.

The proportion of five year olds free from dental decay is improving but remains low. Premature mortality from cardiovascular disease, liver disease and respiratory disease remains above the national average.

### 6. Delivering Public Health Strategic Priorities

Public Health have identified 12 strategic priorities. Progress on meeting the priorities for the year is currently reviewed on a quarterly basis by the Divisional Management Team and monthly by the individual teams within the division.

Our priorities for the year are;

PH1	Healthy Start: we will maximise health and well-being in the early years		
PH2	Healthy Lives: we will keep people healthy and reduce preventable illness in adults		
PH3	Healthy Minds: we will improve health and well-being across the life course		
PH4	Healthy Places: we will maximise opportunities to build health through the build environment and across the city & respond to threats to public health		

PH5	Health & Well-being Strategy: we will lead the delivery of the HWS and will provide support to the HWB
PH6	We will work with the NHS to drive prevention in their core business through the local STP and the Public Health 'core offer'
PH7	We will use intelligence and data effectively to monitor and evaluate the impact of what we do and to provide effective evidence of health need across the city
PH8	We will provide safe and effective services supported by robust performance and quality monitoring
PH9	We will develop innovative approaches to improving health, including wider use of technology & social media, linked to Smart Cities
PH10	We will have effective business planning processes to manage the work of the division and to support effective decision-making & communication
PH11	We will support the development of staff and trainees to effectively deliver their roles and to develop their skills and capability
PH12	We will provide an effective and timely response to internal and external complaints, concerns and enquiries

Currently we have a number of programmes of work underway to deliver on the strategic priorities. Work is ongoing to develop an appropriate suite of indicators which will enable us to more effectively monitor our internal performance in delivering the operational plan for the division.

### 7. Recommendations

The scrutiny commission is requested to note the areas of positive achievement and areas for improvement

### 8. Financial, legal and other implications

8.1 Financial implications

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There are no direct legal implications arising from the contents of this report at this stage.

### 8.3 <u>Climate Change and Carbon Reduction implications</u>

There are no direct climate change implications associated with this report.

### 8.4 Equalities Implications

8.5 Other Implications (You will need to have considered other implications in preparing this report. Please indicate which ones apply?)

### Is this a private report?

the report is not private but a section has been removed due to it being determined, following the meeting, that it was referring to Exempt Information 12A of the Local Government Act 1972 - Category 3 'Information relating to the financial or business affairs of any particular person (including the authority) holding that information'.

- 9. Background information and other papers: None
- 10. Summary of appendices:

Appendix 1: Public Health Services Performance Report

Appendix 2: Public Health Outcomes Framework Report Leicester.